

# 2010 Race Calendar



## JUNE 26, 2010-Saturday

Connecticut Irish Festival 5K, 11AM, North Haven, Ct., 203-481-7453

Lightfoot Summer Series, 5M, 8AM, Norwalk, Ct., 203-434-6746

New Canaan Mile, 6PM, New Canaan, Ct.

Roxbury Race Series, 8:30AM, Roxbury, Ct., 860-354-3521

## JUNE 27, 2010-Sunday

Firecracker 5K & 1/2 Mile Fun Run, 9AM, Rotary Field, Olde Stage Rd., Glastonbury, Ct., 860-881-0063, E-Mail: [info@glastonburyriverrunners.com](mailto:info@glastonburyriverrunners.com)

Stamford KIC IT Triathlon, 6:30AM, 1MS/25MB/10KR, Cummings Park Beach, Stamford, Ct., 860-652-8866, E-Mail: [info@hartfordmarathon.com](mailto:info@hartfordmarathon.com)

Stratton Faxon Fairfield Half Marathon & 5K, 8:30AM, Jennings Beach, 970 South Benson Rd., Fairfield, Ct., 203-481-5933, E-Mail: [jody.jbsports@snet.net](mailto:jody.jbsports@snet.net)

Harwinton 5K Road Race, 10:30AM, Harwinton, Ct., 860-485-9794

NF Challenge 5K Run/Walk, 10AM, South Windsor, Ct.

## JUNE 29, 2010-Tuesday

Winding Trails Summer Tri Series, 6:15PM, Farmington, Ct., 860-255-7410

Stonington Village Fun Run Race Series, VAR 6PM, Stonington, Ct., 860-536-7798

JUNE 30, 2010-Wednesday

Bristol Track Club Summer Series, 3.7M, 6:30PM, Bristol, Ct., 860-583-2844

## JULY 1, 2010-Thursday

Bolton Summer Cross Country Race Series, VAR., 6:30PM, Bolton H.S back fields, 72 Brandy St. Bolton, Ct., 860-643-4552, E-Mail: [danikennedy81@gmail.com](mailto:danikennedy81@gmail.com) (This event is the 2<sup>nd</sup> part of a weekly 7 part series)

White Woods XC Summer Race Series, 6:30PM, Litchfield, Ct., 860-567-5769  
[www.litchfieldparksandrecreation.org](http://www.litchfieldparksandrecreation.org)

## JULY 3, 2010-Saturday

Four On The Fourth, 4M, 9AM, New Canaan, Ct., 203-794-8531

Firecracker 8K Road Race, 9AM, Bethel, Ct., 203-794-8531

Northampton Running Company 4 On The Fourth, 4M, 8:30AM, Northampton, Ma., 413-517-0059

Roxbury Race Series, 8:30AM, Roxbury, Ct., 860-354-3521

Mini Mossman Youth Triathlon, 8AM, Norwalk, Ct., 203-255-8892

## JULY 4, 2010-Sunday

Courtney Honda Independence 5000, 5K, 9AM, Milford, Ct., 203-877-2091

Willimantic Boom Box Mile, 1M, 11AM, 600 Main St., (next to Frog Bridge), Willimantic, Ct., 860-456-4451, E-Mail: [timing@thelastmileracing.com](mailto:timing@thelastmileracing.com)

## JULY 5, 2010-Monday

Chester Rotary Road Race, 4M, 10AM, Chester, Ct., 860-526-9058

## JULY 6, 2010-Tuesday

Summer XC Concert Series, 2 Man Relay, 7PM, New Canaan, Ct., 203-849-8646

Winding Trails Summer Tri Series, 1/4S/5MB/5KR, 6:15PM, Farmington, Ct., 860-255-7410

## JULY 7, 2010-Wednesday

Bristol Track Summer Series, 3.7M, 6:30PM, Bristol, Ct., 860-583-2844

Pat Griskus Triathlon, VAR, 6PM, Middlebury, Ct., 860-868-0540

## JULY 8, 2010-Thursday

Bolton Summer Cross Country Race Series, 6:30PM, Bolton, H.S., Bolton, Ct., 860-643-4552

Norwich Rec Runs, 3M, 7PM, Norwich, Ct., 860-563-3264

White Woods XC Summer Race Series, 3K/4K/5K, 6:30PM, Litchfield, Ct., 860-567-7569

## JULY 9, 2010-Friday

Glorious Gallop 5K, 7:15PM, 7 Summit St., Carnival Grounds, East Hampton, Ct., 860-

267-8533, E-Mail: [info@thelastmileracing.com](mailto:info@thelastmileracing.com)

## JULY 10, 2010-Saturday

Red Dress 5K Run For Women, 8:30AM & Kids Fun Run, 8:15 AM, Elizabeth Park, Asylum Ave, West Hartford, Ct., 860-652-8866, E-Mail: [info@hartfordmarathon.com](mailto:info@hartfordmarathon.com)

Riverfest 5K/1K Kids Fun Run Road Race, 8:30AM/8AM, Goodwin School, 1235 Forbes St., East Hartford, Ct., 860-291-7164, E-Mail: [juhrig@ci.east-hartford.ct.us](mailto:juhrig@ci.east-hartford.ct.us)

Twilight 5K Road Race, 6PM, Town Green, North Main St. Enfield, Ct., 860-745-9730, E-Mail: [lynndano@cox.net](mailto:lynndano@cox.net)

Glastonbury Living Well Running Series, 5K, 8AM, Glastonbury, Ct., 860-659-3587

CT Track Club Mid Summer Youth Track & Field, 10AM, Middletown, Ct., 860-343-7719

Mid-Summer Youth All Comers Track & Field Meet, 9:30AM, Portland Ct.,

Genesis Adventure Series, VAR., Voluntown, Ct., 203-532-9835

Westport Summer Series, 3.1M, 8AM, Westport, Ct., 203-341-5090

Lightfoot Summer Series, 7M, 8AM, Norwalk, Ct., 203-434-6746

Roxbury Race Series, 8:30AM, Roxbury, Ct., 860-354-3521

## JULY 11, 2010-Sunday

SOBE Mossman Triathlon, 6:30AM, Norwalk, Ct., 203-255-8892

New London Sailfest 5K Road Race, 9:15AM, New London, Ct., 860-464-7373

## JULY 12, 2010-Monday

Wickham Park Summer Grand Prix XC Race Series, Boys & Girls, 6PM, 1M Men & Women, 6:30PM, 2.6M, East Hartford/Manchester Line, Ct., 860-649-6426

Stonington Fun Run, VAR, 6PM, Stonington, Ct., 860-535-5015

## JULY 13, 2010-Tuesday

Night Of Miles, 1M, 6:30PM, Litchfield, Ct., 860-567-7569  
[www.litchfieldparksandrecreation.org](http://www.litchfieldparksandrecreation.org)

Winding Trails Summer Tri Series,  
1/4MS/5MB/5KR, 6:15PM, Farmington, Ct.,  
860-255-7410

Stonington Village Fun Run Race Series,  
VAR, 6PM, Stonington, Ct., 860-536-7798

**JULY 14, 2010-Wednesday**

Bristol Track Club Summer Series, 3.7M,  
6:30PM, Bristol, Ct., 860-583-2844

**JULY 15, 2010-Thursday**

X-TREME Scramble 2, 6PM, Riverfront  
Plaza, Hartford, Ct., 860-652-8866, E-Mail:  
[info@hartfordmarathon.com](mailto:info@hartfordmarathon.com)  
(This event is the 2<sup>nd</sup> of 3 part series)

Bolton Summer Cross Country Race Series,  
6:30PM Bolton H.S, 72 Brandy St. Bolton,  
Ct., 860-643-4552, (4 part of a weekly 7 part  
series)

White Woods XC Summer Race Series,  
3K/4K/5K, 6:30PM Litchfield, Ct., 860-567-  
7569

Norwich Rec Runs, 3M, 7PM Norwich, Ct.,  
860-563-3264

**JULY 16, 2010-Friday**

Trumbull Sunset Run, 5K, 6:45PM,  
Trumbull, Ct., 203-268-5934

**JULY 17, 2010-Saturday**

Glastonbury Living Well Running Series,  
4.5M, 8AM, Glastonbury, Ct., 860-659-3587

Westport Summer Series, 3.8M, 8AM,  
Westport, Ct., 203-341-5090

Greenwich Point Swim, 7:30AM, 1M Swim,  
Tod's Point, Greenwich, Ct., WEB:  
[threadsandtreads.com](http://threadsandtreads.com)  
\*ACCEPTING ENTRIES VIA FAX@203-  
661-0917

Roxbury Race Series, 8:30AM, Robbury, Ct.,  
860-354-3521

Misquamicut Beach Saltpond Challenge, 1M  
Swim, 6PM, Westerly, R.I. 401-322-7134

**JULY 18, 2010-Sunday**

Montville Masters, 10K, 9AM, Oakdale, Ct.,  
860-848-3030 x 322

Canaan Road Race, 5M/Walk & optional 2M  
Walk, 10AM, Lawrence Pavilion, Main St.,  
Canaan, Ct., 860-824-2790, E-Mail:  
[chunter@northwestctymca.org](mailto:chunter@northwestctymca.org)

General Electric Petit Family Foundation  
Road Race, 5K/1.2M Walk & Kids Fun Run,

8:30AM, Rte. 10, Corner of Maple & East  
streets, Plainville, Ct., 860-747-5084, E-Mail:  
[docpetit@comcast.net](mailto:docpetit@comcast.net)

**JULY 19, 2010-Monday**

Wickham Park Summer Grand Prix XC Race  
Series, Boys & Girls, 6PM, 1M,  
Men & Women, 6:30PM, 2.6M, 860-649-  
6426

Stonington Fun Run, VAR, 6PM, Stonington,  
Ct., 860-535-5015

**JULY 20, 2010-Tuesday**

Winding Trails Summer Tri Series,  
1/4S/5MB/5KR, 6:15PM, Farmington, Ct.,  
860-255-7410  
Stonington Village Fun Run Race Series,  
VAR, 6PM, Stonington, Ct., 860-536-7798

Summer XC Concert Series, 7PM, New  
Canaan, Ct., 203-849-8646

**JULY 21, 2010-Wednesday**

Citizens Bank 5K & Summer Fun Run,  
6:30PM, Main St., Middletown, Ct., 203-481-  
5933, E-Mail: [jody.jbsports@snet.net](mailto:jody.jbsports@snet.net)

Bristol Track Club Summer Series, 3.7M,  
6:30PM, Bristol, Ct., 860-583-2844

Tom McCoy Family Fun Run Series, VAR,  
6PM, Westerly, R.I. 401-377-2306

**JULY 22, 2010-Thursday**

Thursday Nights Under The Lights-Track &  
Field Series, 6PM, Manchester H.S., 134 East  
Middle Turnpike, 860-729-9721, E-Mail:  
[byrne431@aol.com](mailto:byrne431@aol.com)  
(3<sup>rd</sup> part of a weekly 6 part series)

Bolton Summer Cross Country Race Series,  
6:30PM, Bolton H.S.  
72 Brandy St., Bolton, Ct., 860-643-4552,  
(5<sup>th</sup> part of a weekly 7 part series)

White Woods XC Summer Race Series,  
3K/4K/5K, 6:30PM, Litchfield, Ct., 860-567-  
7569

Norwich Rec Run, 3M, 7PM, Norwich, Ct.,  
860-563-3264

**JULY 24, 2010-Saturday**

Scottish Rite Freemasons 5K Run/Walk To  
Benefit Children With Dyslexia, 9AM,  
Scottish Rite Valley of Hartford, 207 Deming  
St. Newington, Ct., 860-304-6348, E-Mail:  
[jodge60@yahoo.com](mailto:jodge60@yahoo.com)

Glastonbury Living Well Running Series,  
10K, 8AM, 860-659-3587

Westport Summer Series, 4.1M, 8AM,  
Westport, Ct., 203-341-5090

Lightfoot Summer Series, 9M, 8AM,  
Norwalk, Ct., 203-434-6746

Roxbury Race Series, 8:30AM, Roxbury, Ct.,  
860-354-3521

**JULY 25, 2010-Sunday**

Amica 19.7 Ocean Beach Triathlon, 7:30AM,  
Ocean Beach, Neptune Park, New London,  
Ct., 860-652-8866, E-Mail:  
[info@hartfordmarathon.com](mailto:info@hartfordmarathon.com)

Mystic Moon Run To Benefit The American  
Stroke Association, 3M, 7:30PM, Mystic,  
Ct., 860-536-8352

Escarpment Trail Run, 30K, 9AM, Windham,  
N.Y., 518-678-3293

**JULY 26, 2010-Monday**

Stonington Fun Run, VAR, 6PM, Stonington,  
Ct., 860-535-5015

**JULY 27, 2010-Tuesday**

Winding Trails Summer Tri Series,  
1/4S/5MB/5KR, 6:15PM, Farmington, Ct.,  
860-255-7410,

Summer XC Concert Series, VAR, 7PM,  
New Canaan, Ct., 203-849-8646

Stonington Village Fun Run Race Series,  
VAR, 6PM, Stonington, Ct., 860-536-7798

**JULY 28, 2010-Wednesday**

Bristol Track Club Summer Series, 4.6M,  
6:30PM, Bristol, Ct., 860-583-2844

Stratford Summer Series, 5K, 6PM, Stratford,  
Ct., 203-377-6056

**JULY 29, 2010-Thursday**

Bolton Summer Cross Country Race Series,  
6:30PM, Bolton H.S., 72 Brandy St., Bolton,  
Ct., 860-643-4552, (6<sup>th</sup> part of a weekly 7  
part series)

Thursday Nights Under The Lights-Track &  
Field Series, 6PM, Manchester H.S., 134 East  
Middle Turnpike, Manchester, Ct., 860-729-  
9721, (4<sup>th</sup> part of a weekly 6 part series)

White Woods XC Summer Race Series,  
3K/4K/5K, 6:30PM, Litchfield, Ct., 860-567-  
7569

Norwich Rec Runs, 3M, 7PM, Norwich, Ct.,  
860-563-3264

**JULY 31, 2010-Saturday**

11<sup>th</sup> Annual People's Forest 7-Mile Trail Run, 9:00 AM, East River Road, Pleasant Valley  
[www.greystonercing.net](http://www.greystonercing.net)

43<sup>rd</sup> Annual New Milford 8 Miler & 8<sup>th</sup> Annual Fair Days 5K, 9AM, Main St., on the Green in front of Town Hall, 47 Bridge St., New Milford, Ct., 860-355-6050 x 0, E-Mail: [Mgasiewski@newmilford.org](mailto:Mgasiewski@newmilford.org)

Killingworth 4M Road Race, 8:30AM, Killingworth, Ct., 860-663-1789

Westport Summer Series, 4.7M, 8AM, Westport, Ct., 203-341-5090

Roxbury Race Series, 8:30AM, Roxbury, Ct., 860-354-3521

Block Island Triathlon, VAR, 11:30AM, Block Island, R.I. 401-466-3223

#### **AUGUST 1, 2010-Sunday**

*\*USATF/CT GRAND PRIX EVENT:*  
Sea Legs Shuffle, 10Mile, Championship & 5K, 8AM, Jacobs Beach, Seaside Ave., Guilford, Ct., 203-481-5933, WEB: [www.jbsports.com](http://www.jbsports.com)  
ON-LINE REGISTRATION: [www.jbsports.com](http://www.jbsports.com)

Volvo of Stamford Greenwich Cup Triathlon, .5S/15B/3R, 6:30AM, Tod's Point, Greenwich, Ct., WEB: [www.threadsandtreads.com](http://www.threadsandtreads.com)  
ACCEPTING ENTIRES VIA FAX: 203-661-0917

#### **AUGUST 2, 2010-Monday**

Wickham Park Summer Grand Prix XC Race Series:  
Boys & Girls 1M, 6PM  
Men & Women 2.6M, 6:30PM, Wickham Park, Manchester/E.H., Ct., 860-649-6426

#### **AUGUST 3, 2010-Tuesday**

Winding Trails Summer Tri Series, 1/4S/5MB/5KR, 6:15PM, Farmington, Ct., 860-255-7410

Summer XC Concert Series, Figure 8, 7PM, New Canaan, Ct., 203-838-2748

Stonington Village Fun Run Race Series, VAR, 6PM, Stonington, Ct., 860-536-7798

#### **AUGUST 4, 2010-Wednesday**

Bristol Track Club Summer Sereis, 3.7M, 6:30PM, Bristol, Ct., 860-583-2844

Stratford Summer Series, 5K, 6PM, Stratford, Ct., 203-377-6056

#### **AUGUST 5, 2010-Thursday**

Thursday Nights Under The Lights Track & Field Series, 6PM, Manchester H.S., 134 E. Middle Turnpike, Manchester, Ct., 860-729-9721, (5<sup>th</sup> of a 6 part series)

Bolton Summer Cross Countra Race Series, 6:30PM, Bolton H.S., 72 Brandy St., Bolton, Ct., 860-643-4552

White Woods XC Summer Race Series, 3K/4K/5K, 6:30PM, Litchfield, Ct., 860-567-7569

Norwich Rec Runs, 3M, 7PM, Norwich, Ct., 860-563-3264

#### **August 6, 2010-Friday**

Groton Summer Fun Runs, 6PM, Bluff Point State Park, Groton, Ct., 860-536-5683

#### **AUGUST 7, 2010-Saturday**

48<sup>th</sup> Annual Ocean Beach/John J. Kelley Road Race, 11.6M, 9AM, Ocean Beach Park, New London, Ct, 860-739-9927, E-Mail: [wayheading@att.net](mailto:wayheading@att.net)  
(RACE IS FREE!)

Hope Is Coming 5K, 9AM, West Haven H.S., West Haven, Ct., WEB: [www.hopeiscoming5k.com](http://www.hopeiscoming5k.com)  
ON-LINE REGISTRATON: [www.active.com](http://www.active.com)

St. James 2<sup>nd</sup> Annual Bazaar Blastoff 5K Road Race, 9AM, St. James School, 120 Water St., Danielson, CT., 860-774-3281, E-Mail: [sjsdevelopment@gmail.com](mailto:sjsdevelopment@gmail.com)

Southwest Café Sunset 5K, 7PM, 109 Danbury Rd., Ridgefield, Ct., 203-241-7895, E-Mail: [babsSWC@aol.com](mailto:babsSWC@aol.com)

Killingworth 4 Mile Road Race, 8:30AM, Killingworth, Ct., 860-663-1789

Angus Wootten Memorial Cross Country Classic 5K, Willimantic, Ct., 860-456-4451

Westport Summer Series, 5.85M, 8AM, Westport, Ct., 203-341-5090

Roxbury Race Series, 8:30AM, Roxbury, Ct., 860-354-3521

#### **AUGUST 8, 2010-Sunday**

Niantic Bay Triathlon, 7:30AM, 1/2MS/12MB/3.5MR, McCook Beach Park Columbus Ave. Niantic, Ct., 860-652-8866, E-Mail: [info@hartfordmarathon.com](mailto:info@hartfordmarathon.com)

North Branford Potato & Corn Festival 5K XC Race/5K Walk/1M Kids Fun Run, 9AM, Rt.22, N. Branford adjacent to the NB Police Dept on Augar Farm, 1599 Foxon Rd., North

Branford, Ct., 203-484-5022, E-Mail: [floydparness@yahoo.com](mailto:floydparness@yahoo.com)

Torrington Donors 5Mile Road Race, 10AM, Torrington, Ct., 860-482-4425

YMCA Camp Ingersoll Yorth Triathlon, VAR, 9:30AM, Portland, Ct., 860-343-6204

#### **AUGUST 9, 2010-Monday**

Stonington Fun Run, VAR, 6PM, Stonington, Ct., 860-535-5115

#### **AUGUST 10, 2010-Tuesday**

Winding Trails Summer TRI Series, 1/4 S/5MB/5KR, 6:15PM, Farmington, Ct., 860-255-7410

Summer XC Concert Series, Women's Shortcut, 7PM, New Canaan, Ct., 203-838-2748

#### **AUGUST 11, 2010-Wednesday**

Bristol Track Summer Series, 3.7M, 6:30PM, Bristol, Ct., 860-583-2844

Stratford Summer Series, 5K, 6PM, Stratford, Ct., 203-377-6056

#### **AUGUST 12, 2010-Thursday**

25<sup>th</sup> High School Alumni XC Challenge, 5K, 6:30PM SHARP, Veterans Memorial Park, 100 Sunset Ridge Drive, East Hartford, Ct., 860-282-8240, WEB: [www.ci-east-hartford.ct.us](http://www.ci-east-hartford.ct.us), E-Mail: [juhrig@ci-east-hartford.ct.us](mailto:juhrig@ci-east-hartford.ct.us)

20<sup>th</sup> Corporate 5K for Special Olympics, 6:25PM, Bushnell Park, Hartford, Ct., 203-481-5933, E-Mail: [jody.jbsports@snet.net](mailto:jody.jbsports@snet.net)

XTREME Scramble 3, 6PM Riverfront Plaza, Hartford, Ct., 860-652-8866, E-Mail: [info@hartfordmarathon.com](mailto:info@hartfordmarathon.com)  
(3<sup>rd</sup> of 3 part series)

Thursday Nights Under The Lights Track & Field, 134 E. Middle Turnpike, Manchester H.S., Manchester, Ct., 860-729-9721 ( 6<sup>th</sup> of 6 part series)

White Woods XC Summer Race Series, 3K/4K/5K, 6:30PM, Litchfield, Ct., 860-567-7569

Norwich Rec Runs, 3M, 7PM, Norwich, Ct., 860-563-3264

#### **AUGUST 13, 2010-Friday**

Groton Summer Fun Runs, 6PM, Bluff Point State Park, Groton, Ct., 860-536-5683

#### **AUGUST 14, 2010-Saturday**

Lightfoot Summer Series, 11M, 8AM,  
Norwalk, Ct., 203-434-6746

Race of Relays Track & Field, VAR., 10AM,  
Litchfield, Ct., 860-567-5978

Clinton Liberty Bank Bluefish Fest 5K,  
Clinton, Ct., 860-669-3889, WEB:  
[www.clinton.com](http://www.clinton.com), E-Mail:  
[chamber@clintonct.com](mailto:chamber@clintonct.com)

Deary Memorial 5M Road Race, 9:05AM,  
Putnam, Ct., 860-928-7141

Westport Summer Series, 6.85M, 8AM,  
Westport, Ct., 203-341-5090

Roxbury Race Series, 8:30AM, Roxbury, Ct.,  
860-354-3521

**AUGUST 15, 2010-Sunday**

Keney Park 5K Run/Walk, 10AM, Greenfield  
St. Hartford, Ct., 860-985-8489, E-Mail:  
[keney5K@yahoo.com](mailto:keney5K@yahoo.com)

West Rock Challenge Trail Run/Benefit  
Habitat For Humanity, 9M/5K, 7:30AM,  
Lake Wintergreen/West Rock Ridge State  
Park, Main St., Hamden, Ct., 203-248-9082,  
E-Mail: [suedan61250@yahoo.com](mailto:suedan61250@yahoo.com)

Lobster Loop 5K, 8:30AM, Canton Town  
Green, Rt. 44, Canton, Ct., 860-693-1768

Waterford Week 5 Mile Road Race, 8:10AM,  
Waterford, Ct., 860-444-5881

**AUGUST 16, 2010-Monday**

Wichman Park Summer Grand Prix XC Race  
Series, Boys & Girls – 6PM, 1 Mile  
Men & Women – 6:30PM 2.6 Miles, 860-  
649-6426

**AUGUST 17, 2010-Tuesday**

Winding Trails Summer TRI Series,  
1/4S/5MB/5KR, 6:15PM, Farmington, Ct.,  
860-255-7410

Summer XC Concert Series, 3 Person  
Ekiden, 7PM, New Canaan, Ct., 203-838-  
2748

Stonington Village Fun Run Race Series,  
VAR, 6PM, Stonington, Ct., 860-536-7798

**AUGUST 18, 2010-Wednesday**

Bristol Track Club Summer Series, 3.7M,  
6:30PM, Bristol, Ct., 860-583-2844

Summer Track Classic, 3200M, 6:30PM,  
Willimantic, Ct., 860-456-4551

Stratford Summer Series, 5K, 6PM, Stratford,  
Ct., 203-377-6056

**AUGUST 19, 2010-Thursday**

White Woods XC Summer Race Series,  
3K/4K/5K, 6:30PM, Litchfield, Ct., 860-567-  
5769

Amber Room Run From The Sun 5K,  
6:30PM, Amber Room Colonnade, 1 Stacey  
Rd., Danbury, Ct., 203-481-5933, E-Mail:  
[jody.jbsports@snet.net](mailto:jody.jbsports@snet.net)

**AUGUST 20, 2010-Friday**

Come On Over 5K, 6:30PM, Portland, Ct.,  
860-3426757

Groton Summer Fun Runs, 6PM, Bluff Point  
State Park, Groton, Ct., 860-536-5683

**AUGUST 21, 2010-Saturday**

Holcomb Farm Benefit 10K, 8:30AM,  
Holcomb Farm, 113 Simsbury Rd., West  
Granby, Ct., 860-670-8871, E-Mail:  
[jeffjlw@cox.net](mailto:jeffjlw@cox.net)

MADD Dash 5K, ne 2 Mile Walk,  
9AM Run/8:50 Walk, Short Beach, Stratford,  
Ct., 203-374-6433, E-Mail:  
[msrunningproductions@yahoo.com](mailto:msrunningproductions@yahoo.com)  
ON-LINE REGISTRATION:  
[www.hitekracing.com/madd](http://www.hitekracing.com/madd)

Quinnipiac XC Challenge 5K, 10AM,  
Hamden, Ct., 203-582-5314

Westport Summer Series, 8.4M, 8AM,  
Westport, Ct., 203-341-5090

Roxbury Race Series, 8:30AM, Roxbury, Ct.,  
860-354-3521

Genesis Sprint Adventure Race #5, VAR,  
9AM, Voluntown, Ct., 203-262-3376

**AUGUST 22, 2010-Sunday**

Litchfield Hills Olympic Triathlon and  
AquaBike Challenge, 1MS/25MB/10KR,  
7:30AM, West Hill Lake, Brodie Park, New  
Hartford, Ct., (*Olympic Distance Triathlon  
and AquaBike*), 860-652-8866, E-Mail:  
[info@hartfordmarathon.com](mailto:info@hartfordmarathon.com)

Danbury High XC Alumni Dual Meet, 2.9M,  
10AM, Danbury, Ct., 203-775-2228

**AUGUST 24, 2010-Tuesday**

Summer XC Concert Series, VAR, 7PM,  
New Canaan, Ct., 203-838-2748

Battle Of Stonington 5K, 6PM, Stonington,  
Ct., 860-460-1544

**AUGUST 25, 2010-Wednesday**

Bristol Track Club Summer Series, 5K,  
6:30PM, Bristol, Ct., 860-583-2844

**AUGUST 26, 2010-Thursday**

Night Of Miles, 1 Mile, 6:30PM, Litchfield,  
Ct., 860-567-7569

**AUGUST 27, 2010-Friday**

Hyland 5K Road Race, 6:30PM, Bristol, Ct.,  
860-583-2844

All Out For Autism, 5M, 6PM, New Canaan,  
Ct., 203-801-0050

**AUGUST 28, 2010-Saturday**

Twilight Run For Sight 5K, 7PM, New  
Fairfield, Ct., 203-512-52-5298

Westport Summer Series, 9.3M, 8AM,  
Westport, Ct., 203-341-5090

**AUGUST 29, 2010 Sunday**

Old Wethersfield 10K & 5K, 8:30AM,  
Garden St. & State St., Wethersfield, Ct., 860-  
652-8866, E-Mail:  
[info@hartfordmarathon.com](mailto:info@hartfordmarathon.com)

Brooklyn Fair 5K, 8:30AM, Brooklyn, Ct.,  
860-779-2236

**AUGUST 31, 2010-Tuesday**

Summer XC Concert Series, Luminaria  
Loop, 7PM, New Canaan, Ct., 203-838-2748

Stonington Village Fun Run Race Series,  
VAR, 6PM, Stonington, Ct., 860-536-7798

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RUNNER'S, BEFORE TRAVELING TO  
OUT OF TOWN RACES, CONFIRM RACE  
DATE AND TIME WITH LISTED INFO  
CONTACT

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For more information contact:  
Jane J. Jarrow 860-286-9159